

Michigan HS Girls - 2006 Outdoors

Updated 4/15/2007

100 METERS

11.53	Shayla Mahan (Detroit Mumford)11	Indianapolis/USA Junior Ch (h) (0.7)	6/22/2006
11.54	Mahan	Kentwood/D1 State (2.0).....	6/ 3/2006
11.58	Mahan	Dayton/Roosevelt Inv (2.0).....	5/ 6/2006
11.62	Mahan	Millersburg/USATF Region V (nwi)	7/ 9/2006
11.63	Mahan	Greensboro/USA Youth Ch (0.0)	7/ 2/2006
11.68	Mahan	Greensboro/USA Youth Ch (h) (0.1)	6/30/2006
11.72	Mahan	Kentwood/D1 State (s) (1.1).....	6/ 3/2006
11.74	Mahan	Baltimore/USATF Junior Olympics (1.6)	7/30/2006
11.88	Mahan	Southfield/Michigan AAU (h).....	6/18/2006
11.89	Mahan	Millersburg/USATF Region V (h).....	7/ 9/2006
11.93	Ashley Hines (Benton Harbor)12	Kentwood/D1 State (2.0).....	6/ 3/2006
11.96	Megan Willemson (Utica Eisenhower)12	Kentwood/D1 State (2.0).....	6/ 3/2006
11.99	Erica Mann (Battle Creek Lakeview)11	Forest Hills/D2 State	6/ 3/2006
12.08	Ra'Jae Marable (Ann Arbor Pioneer)11	Kentwood/D1 State (2.0).....	6/ 3/2006
12.09	Keyria Calloway (Detroit Crockett)11	Comstock Park/D3 State (s).....	6/ 3/2006
12.18	Jordan Clark (Southfield JH)8	Norfolk/AAU Junior Olympics (h) (1.0)	8/ 2/2006
12.22	Jovonne Tyson-King (Pontiac Northern)9	Kentwood/D1 State (2.0).....	6/ 3/2006
12.22	Brittany Howard (Romulus)12	Kentwood/D1 State (2.0).....	6/ 3/2006
12.25	Chanell Wright (Detroit Mumford)12	Kentwood/D1 State (2.0).....	6/ 3/2006
12.27	Tracey Blackwell (Kalamazoo Central)12	Kentwood/D1 State (s) (1.1).....	6/ 3/2006
12.35	Sydni Clark (Southfield)9	Kentwood/D1 State (2.0).....	6/ 3/2006
12.36	Bridgette Mitchell (Detroit Jets)b92	Southfield/Michigan AAU	6/18/2006
12.36	Elise Glass (Dearborn Edsel Ford)10	Southfield/Michigan AAU	6/18/2006
12.37	JoLynn Williams (Ferndale)12	Forest Hills/D2 State	6/ 3/2006
12.42	Lauren Drayton (Troy JH)7	Greensboro/USATF Youth Ch (-0.5).....	7/ 2/2006
12.43	Bethany Beachum (Fruitport)11	Forest Hills/D2 State	6/ 3/2006
12.43	Kristi Boehm (Kent City)11	Comstock Park/D3 State (s).....	6/ 3/2006
12.45	Jamie Kraker (Hamilton)	Forest Hills/D2 State	6/ 3/2006
12.46	Darcy Rhoden (Forest Hills Northern)11	Forest Hills/D2 State	6/ 3/2006
12.48	Stephanie Byrne (Bad Axe)12	Comstock Park/D3 State (s).....	6/ 3/2006
12.49	Tasha Balls (Saginaw Buena Vista)11	Comstock Park/D3 State (s).....	6/ 3/2006
12.50	Jane Roeder (Erie-Mason)12	Comstock Park/D3 State (s).....	6/ 3/2006
12.50	Kayla Addison (Southfield)9	Southfield/Michigan AAU	6/18/2006
12.51	Ashley Bly (Almont)12	Comstock Park/D3 State (s).....	6/ 3/2006
12.53	Brianna Walker (Flint Carman-Ainsworth)10	Kentwood/D1 State (2.0).....	6/ 3/2006
12.58	Amanda Castellon (Alma)	Lansing/Honor Roll	5/31/2006
12.58	Marieme Mbaye (Forest Hills Northern)10	Forest Hills/D2 State	6/ 3/2006
12.59	Brooke Horne (Okemos)	Lansing/Honor Roll	5/31/2006
12.59	Alexandria Lemonious (Detroit Communication MA)12	Comstock Park/D3 State (s).....	6/ 3/2006
12.59	Jasmine Wright (Eau Claire)12	Forest Hills/D4 State (s).....	6/ 3/2006

Wind-aided:

11.47	Shayla Mahan (Detroit Mumford)11	Baltimore/USATF Junior Olympics (h) (6.3) .	7/28/2006
11.52	Mahan	Southfield/Michigan AAU (nwi).....	6/18/2006
11.72	Mahan	Dayton/Roosevelt Inv (h) (4.3)	5/ 5/2006
11.96	Bridgette Owens-Mitchell (Detroit JH)8	Southfield/Michigan AAU (h).....	6/18/2006
12.02	Ra'Jae Marable (Ann Arbor Pioneer)11	Kentwood/D1 State (s) (2.5).....	6/ 3/2006
12.10	Megan Willemson (Utica Eisenhower)12	Kentwood/D1 State (s) (2.5).....	6/ 3/2006
12.15	Jovonne Tyson-King (Pontiac Northern)9	Canton/Michigan USATF	6/24/2006
12.19	Jordan Clark (Southfield Mustangs)b92	Southfield/Michigan AAU (h).....	6/18/2006
12.25	Sydni Clark (Southfield)9	Kentwood/D1 State (s) (2.5).....	6/ 3/2006
12.30	Brianna Walker (Flint Carman-Ainsworth)10	Kentwood/D1 State (s) (2.5).....	6/ 3/2006
12.31	Elise Glass (Dearborn Edsel Ford)10	Southfield/Michigan AAU (h).....	6/18/2006
12.36	Lauren Drayton (Troy JH)7	Baltimore/USATF Junior Olympics (h) (8.8) .	7/28/2006
12.46	Chanell Wright (Detroit Mumford)12	Dayton/Roosevelt Inv (h) (8.1)	5/ 6/2006
12.46	Sarah Hooten (Carelton-Airport)11	Southfield/Michigan AAU (nwi).....	6/18/2006
12.54	Arielle Forbes (Farmington)11	Southfield/Michigan AAU (nwi).....	6/18/2006
12.58	Rhonda Lee ()	Canton/Michigan USATF	6/24/2006

Hand-timed:

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11.2	Shayla Mahan (Detroit Mumford)11	Detroit/PSL.....	5/25/2006
11.4	Mahan	Detroit/Mustang Inv.....	/2006
11.7	Megan Willemson (Utica Eisenhower)12	Warren/Macomb County.....	5/26/2006
11.9	Ashley Hines (Benton Harbor)12	Battle Creek/D1 Regional.....	5/19/2006
12.0	Chanell Wright (Detroit Mumford)12	Warren/D1 Regional.....	5/19/2006
12.0	Keyria Calloway (Detroit Crockett)	Almont/D4 Regional.....	5/20/2006
12.1	Sarah Hooten (Carleton-Airport)11	Monroe/Jefferson Inv.....	4/29/2006
12.1	Brittany Howard (Romulus)12	Saline/A Regional.....	5/19/2006
12.1	Jovonne Tyson-King (Pontiac Northern)9	Milford/D1 Regional.....	5/20/2006
12.1	Breanna Walker (Flint Carman-Ainsworth)10	Midland/D1 Regional.....	5/19/2006
12.1	Elise Glass (Dearborn Edsel Ford)10	Canton/D1 Regional.....	5/19/2006
12.1	Erica Mann (Battle Creek Lakeview)11	Charlotte/D2 Regional.....	5/19/2006

Wind-aided:

11.8	Katrina Drayton (Troy)11	South Lyon/Oakland County.....	5/26/2006
11.8	Jovonne Tyson-King (Pontiac Northern)9	South Lyon/Oakland County.....	5/26/2006
12.0	Shalyn Williams (Ferndale)	South Lyon/Oakland County.....	5/26/2006

200 METERS

23.49	Shayla Mahan (Detroit Mumford)11	Greensboro/USATF Youth Ch (h) (1.4).....	6/29/2006
23.54	Mahan	Greensboro/USATF Youth Ch (-1.0).....	7/ 1/2006
23.56	Mahan	Baltimore/USATF Junior Olympics (0.9).....	7/29/2006
23.66	Mahan	Indianapolis/USA Junior Ch (h) (-0.4).....	6/23/2006
23.71	Mahan	Indianapolis/USA Junior Ch (0.9).....	6/23/2006
23.74	Mahan	Kentwood/D1 State (0.9).....	6/ 3/2006
23.81	Mahan	Millersburg/USATF Region V (nwi).....	7/ 9/2006
23.91	Mahan	Dayton/Roosevelt Inv.....	5/ 6/2006
23.94	Mahan	Baltimore/USATF Junior Olympics (h) (0.3).....	7/27/2006
23.97	Mahan	Dayton/Roosevelt Inv (h).....	5/ 5/2006
24.53	Elise Brown (Jackson)10	Southfield/Michigan AAU.....	6/18/2006
24.66	Ashley Hines (Benton Harbor)12	Kentwood/D1 State (0.9).....	6/ 3/2006
24.67	Erin Humphrey (Ypsilanti Lincoln)12	Southfield/Michigan AAU.....	6/18/2006
24.75	Mahan	Kentwood/D1 State (h) (2.0).....	6/ 3/2006
24.85	Keyria Calloway (Detroit Crockett)11	Comstock Park/D3 State.....	6/ 3/2006
24.85	Sydni Clark (Southfield)9	Southfield/Michigan AAU.....	6/18/2006
24.95	Hines	Kentwood/D1 State (h) (1.1).....	6/ 3/2006
25.03	Jordan Clark (Southfield JH)8	Norfolk/AAU Junior Olympics (h) (0.4).....	8/ 1/2006
25.06	Jovonne Tyson-King (Pontiac Northern)9	Millersburg/USATF Region V (h).....	7/ 9/2006
25.09	Elise Glass (Dearborn Edsel Ford)10	Millersburg/USATF Region V (h).....	7/ 9/2006
25.17	Megan Willemson (Utica Eisenhower)12	Kentwood/D1 State (h) (2.0).....	6/ 3/2006
25.22	Erica Mann (Battle Creek Lakeview)11	Forest Hills/D2 State.....	6/ 3/2006
25.23	Katrina Drayton (Troy)11	Millersburg/USATF Region V.....	7/ 9/2006
25.24	Dynasty McGee (Mt Morris JH)7	Norfolk/AAU Junior Olympics (s) (1.9).....	8/ 3/2006
25.29	Leslie Aririguzo (West Bloomfield)10	Greensboro/USATF Youth Ch (h) (1.6).....	6/29/2006
25.44	Aisha Osborne (Detroit Mumford)9	Millersburg/USATF Region V (h).....	7/ 9/2006
25.44	Ra'Jae Marable (Ann Arbor Pioneer)	Millersburg/USATF Region V (h).....	7/ 9/2006
25.47	Elizabeth Harvin (Southfield Lathrup)12	Dayton/Roosevelt Inv (h).....	5/ 5/2006
25.47	Darcy Rhoden (Forest Hills Northern)11	Forest Hills/D2 State.....	6/ 3/2006
25.49	Ashley Abraham (Detroit Renaissance)9	Forest Hills/D2 State.....	6/ 3/2006
25.49	Jane Roeder (Erie-Mason)12	Comstock Park/D3 State (s).....	6/ 3/2006
25.56	Chanell Wright (Detroit Mumford)12	Kentwood/D1 State (0.9).....	6/ 3/2006
25.58	Kiara Moore (Ann Arbor Pioneer)11	Greensboro/USATF Youth Ch (h) (1.8).....	6/29/2006
25.60	Tiara Sharp (Ann Arbor Pioneer)10	Detroit/Mumford Mustang Inv.....	4/22/2006
25.61	Landria Buckley (Romulus)12	Kalamazoo/Loy Norrix Inv.....	4/28/2006
25.71	Ashley Bly (Almont)12	Comstock Park/D3 State (s).....	6/ 3/2006
25.75	Stephanie Byrne (Bad Axe)12	Comstock Park/D3 State.....	6/ 3/2006
25.86	Bethany Beachum (Fruitport)11	Forest Hills/D2 State.....	6/ 3/2006
25.88	Lauren Drayton (Troy JH)7	Greensboro/USATF Youth Ch (h) (0.9).....	6/29/2006
25.95	Kayla Addison (Southfield)9	Southfield/Michigan AAU.....	6/18/2006

Wind-aided:

23.38	Shayla Mahan (Detroit Mumford)11	Millersburg/USATF Region V (nwi).....	7/ 9/2006
23.99	Mahan	Kentwood/D1 State (s) (3.2).....	6/ 3/2006

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24.51	Elise Brown (Jackson)10	Norfolk/AAU Junior Olympics (s) (2.1)	8/ 5/2006
24.66	Ashley Hines (Benton Harbor)12	Kentwood/D1 State (s) (2.3).....	6/ 3/2006
25.06	Landria Buckley (Romulus)12	Kentwood/D1 State (s) (2.3).....	6/ 3/2006
25.12	Sydni Clark (Southfield)9	Kentwood/D1 State (s) (3.2).....	6/ 3/2006
25.18	Chanell Wright (Detroit Mumford)12	Kentwood/D1 State (s) (2.3).....	6/ 3/2006
25.22	Katrina Drayton (Troy)11	Kentwood/D1 State (s) (3.2).....	6/ 3/2006
25.29	Elise Glass (Dearborn Edsel Ford)10	Kentwood/D1 State (s) (3.2).....	6/ 3/2006
25.29	Elizabeth Harvin (Southfield Lathrup)12	Kentwood/D1 State (s) (3.2).....	6/ 3/2006
25.29	Jovonne Tyson-King (Pontiac Northern)9	Southfield/Michigan AAU	6/18/2006
25.39	Brianna Walker (Flint Carman-Ainsworth)10	Kentwood/D1 State (s) (2.3).....	6/ 3/2006
25.52	Ra'Jae Marable (Ann Arbor Pioneer)11	Canton/Michigan USATF	6/24/2006
25.55	Jordan Clark (Southfield Mustangs)b92	Norfolk/AAU Junior Olympics (s) (2.3)	8/ 3/2006
25.68	Lauren Drayton (Troy JH)7	Canton/Michigan USATF	6/24/2006
25.79	Aisha Osborn (Detroit Mumford)9	Canton/Michigan USATF	6/24/2006
25.82	Shavonne Moore (Pontiac Northern)10	Kentwood/D1 State (s) (3.2).....	6/ 3/2006
25.87	Marketa Holland (Detroit Cheetah)	Canton/Michigan USATF	6/24/2006
25.93	Alyssa Bodenbach (Clinton Twp Chippewa Valley)10	Kentwood/D1 State (s) (2.3).....	6/ 3/2006
Hand-timed:			
23.5	Shayla Mahan (Detroit Mumford)11	Detroit/PSL.....	5/25/2006
24.0	Mahan	Warren/D1 Regional	5/19/2006
25.1	Erica Mann (Battle Creek Lakeview)11	Charlotte/D2 Regional.....	5/19/2006
25.2	Brittini Williams (Jackson)10	Jackson/JDs Inv.....	4/28/2006
25.2	Darcy Rhoden (Forest Hills Northern)11	GR List.....	/2006
25.2	Landria Buckley (Romulus)12	Saline/A Regional	5/19/2006
25.2	Ashley Hines (Benton Harbor)12	Battle Creek/D1 Regional.....	5/19/2006
25.2	Elizabeth Harvin (Southfield Lathrup)12	West Bloomfield/D1 Regional	5/20/2006
25.2	Katrina Drayton (Troy)11	South Lyon/Oakland County	5/26/2006
25.2	Jovonne Tyson-King (Pontiac Northern)9	South Lyon/Oakland County	5/26/2006
25.2	Megan Willemson (Utica Eisenhower)12	Warren/Macomb County (h).....	5/26/2006
25.3	Erin Humphrey (Ypsilanti Lincoln)12	AA List	/2006
25.4	Elise Brown (Jackson)10	Battle Creek/D1 Regional.....	5/19/2006
25.4	Allyson Bodenbach (Chippewa Valley)10	Warren/Macomb County	5/26/2006
300 METERS			
39.17	Erin Humphrey (Ypsilanti Lincoln)12	Eugene/Road to Eugene.....	8/ 8/2006
400 METERS			
53.41	Erin Humphrey (Ypsilanti Lincoln)12	Indianapolis/USATF Junior Ch.....	6/24/2006
53.54	Humphrey	Greensboro/USA Youth Ch.....	7/ 2/2006
54.29	Humphrey	Baltimore/USATF Junior Olympics.....	7/30/2006
54.33	Humphrey	Kentwood/D1 State	6/ 3/2006
54.64	Humphrey	Jackson/Midwest Meet of Champions.....	6/10/2006
54.66	Humphrey	Indianapolis/USA Junior Ch (h).....	6/23/2006
55.39	Humphrey	Baltimore/USATF Junior Olympics (h)	7/28/2006
55.70	Dynasty McGee (Mt Morris JH)7	Norfolk/AAU Junior Olympics.....	8/ 5/2006
55.73	Humphrey	Greensboro/USA Youth Ch (h)	6/30/2006
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56.08	Darcy Rhoden (Forest Hills Northern)11	Greensboro/Nike Outdoor Ch	6/17/2006
56.38	Katherine McCarthy (Kenowa Hills)12	Forest Hills/D2 State	6/ 3/2006
56.46	Brittani Williams (Jackson)10	Southfield/Michigan AAU	6/18/2006
56.91	Kiara Moore (Ann Arbor Pioneer)11	Kentwood/D1 State	6/ 3/2006
57.01	Aisha Osborn (Detroit Mumford)9	Kentwood/D1 State	6/ 3/2006
57.17	Sydni Clark (Southfield)9	Southfield/Michigan AAU	6/18/2006
57.29	Stephanie Byrne (Bad Axe)12	Comstock Park/D3 State.....	6/ 3/2006
57.29	Katrina Drayton (Troy)11	Millersburg/USATF Region V	7/ 9/2006
57.35	Jane Roeder (Erie-Mason)12	Comstock Park/D3 State.....	6/ 3/2006
57.63	Elizabeth Harvin (Southfield Lathrup)12	Kentwood/D1 State	6/ 3/2006
57.70	Erin Dillon (Reading)12	Forest Hills/D4 State	6/ 3/2006
58.11	Lyndsey McKnight (Sparta)11	Forest Hills/D2 State	6/ 3/2006
58.16	Becca Addison (Grand Haven)9	Kentwood/D1 State	6/ 3/2006
58.18	Chelsea Deubey (Elkton-Pigeon-Bayport)9	Comstock Park/D3 State.....	6/ 3/2006

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58.39	Stephanie Hurley (Bay City Glenn)10	Forest Hills/D2 State	6/ 3/2006
58.44	Amy Roberts (Dexter)12	Forest Hills/D2 State	6/ 3/2006
58.51	Morgan Peterson (West Bloomfield)11	Kentwood/D1 State	6/ 3/2006
58.52	Bethany Wyatt (Lansing Sexton)12	Forest Hills/D2 State	6/ 3/2006
58.96	Christina Gillespie (Romulus)9	Kentwood/D1 State	6/ 3/2006
59.02	Hadiyah Olowalafe (Haslett)	Lansing/Honor Roll	5/31/2006
59.12	Jasmin Pomeroy (Indian River-Inland Lakes)12	Comstock Park/D3 State	6/ 3/2006
59.16	Ashleigh Hernden (East Kentwood)12	Jenison/MITCA Team D1	5/27/2006
59.22	Molly Davis (Comstock Park)11	Forest Hills/D2 State	6/ 3/2006
59.22	Brittney Jones (Ann Arbor Pioneer)	Greensboro/USA Youth Ch (h)	6/30/2006
59.30	Jacqui McCarthy (Coopersville)12	Sparta/OK Blue	5/13/2006
59.31	Jenni Neville (Dearborn Divine Child)11	Forest Hills/D2 State	6/ 3/2006

Hand-timed:

54.0	Erin Humphrey (Ypsilanti Lincoln)12	Saline/A Regional	5/19/2006
55.8	Humphrey	Ypsilanti/SEC	5/10/2006
56.7	Kiara Moore (Ann Arbor Pioneer)11	Saline/A Regional	5/19/2006
56.7	Katherine McCarthy (Kenowa Hills)12	Wyoming/Champions	5/22/2006
56.8	Katrina Drayton (Troy)11	South Lyon/Oakland County	5/26/2006
57.2	Elizabeth Harvin (Southfield Lathrup)12	South Lyon/Oakland County	5/26/2006
57.3	Erin Dillon (Reading)12	Hillsdale/D4 Regional	5/20/2006
57.6	Dynasty McGee (Mt Morris JH)7	Detroit/Jets Inv	5/27/2006
57.7	Stephanie Byrne (Bad Axe)12	Bad Axe/D3 Regional	5/20/2006
57.8	Darcy Rhoden (Forest Hills Northern)11	Grand Rapids/D2 Regional	5/19/2006
58.3	Jane Roeder (Erie-Mason)	Erie-Mason/D3 Regional	5/20/2006
58.5	Kristin Goncalves (Ann Arbor Richard)	Novi/Operation Friendship	5/30/2006
58.5	Sydni Clark (Southfield)9	South Lyon/Oakland County	5/26/2006
58.6	Brittini Williams (Jackson)10	Battle Creek/D1 Regional	5/19/2006
58.8	Chaney Robinson (Middleville)	Grand Rapids/D2 Regional	5/19/2006
58.9	Erin Johnson (Muskegon Oakridge)	Reeths/West Michigan Inv	5/25/2006

800 METERS

2:09.6	Stephanie Morgan (Clarkston)9	Lake Orion/OAA	5/23/2006
2:10.95	Ramzee Fondren (Detroit Renaissance)10	Norfolk/AAU Junior Olympics	8/ 2/2006
2:11.08	Fondren	Forest Hills/D2 State	6/ 3/2006
2:11.76	Fondren	Baltimore/USATF Junior Olympics	7/29/2006
2:11.87	Fondren	Indianapolis/USA Junior Ch (h)	6/22/2006
2:13.65	Amelia Bannister (Albion)9	Greensboro/Nike Outdoor Ch	6/17/2006
2:13.7	Annie Otwell (Traverse City Central)12	Traverse City/Record-Eagle	5/31/2006
2:13.92	Maria Iaquaniello (Dearborn Divine Child)11	Forest Hills/D2 State	6/ 3/2006
2:14.0	Fondren	Detroit/PSL	5/25/2006
2:14.35	Raenne Lohner (East Grand Rapids)	Forest Hills/D2 State	6/ 3/2006
2:14.40	Fondren	Southfield/Michigan AAU	6/18/2006
2:14.4	Lauren Quaintance (Walled Lake Northern)11	South Lyon/Oakland County	5/26/2006
2:14.54	Morgan	Kentwood/D1 State	6/ 3/2006
2:14.62	Fondren	Dayton/Roosevelt Inv	5/ 6/2006
2:14.68	Fondren	Baltimore/USATF Junior Olympics (h)	7/27/2006
2:14.6	Jenna Nusholtz (Berkley)12	South Lyon/Oakland County	5/26/2006
2:15.02	Erin Fedewa (St Johns)10	Forest Hills/D2 State	6/ 3/2006
2:15.03	Katherine McCarthy (Kenowa Hills)12	Forest Hills/D2 State	6/ 3/2006
2:15.13	Rebecca Winchester (Middleville)11	Forest Hills/D2 State	6/ 3/2006
2:15.52	Tamila Myles (Romulus)11	Kentwood/D1 State	6/ 3/2006
2:15.9	Alexa Glencer (Ann Arbor Greenhills)12	Grand Rapids/D4 State	6/ 3/2006
2:16.21	Hannah Stone (Lapeer East)12	Forest Hills/D2 State	6/ 3/2006
2:16.22	Allison Tuuk (Grand Rapids Christian)11	Forest Hills/D2 State	6/ 3/2006
2:16.29	Chelsey Bonney (Port Huron Northern)10	Kentwood/D1 State	6/ 3/2006
2:16.2	Lisa Arrowsmith (Livonia Stevenson)12	Canton/D1 Regional	5/19/2006
2:16.41	Christina Farrow (Detroit Winans Academy)10	Millersburg/USATF Region V	7/ 9/2006
2:16.66	Ajia Olison (Detroit Mumford)9	Greensboro/USATF Youth Ch	7/ 1/2006
2:16.9	Liz Levosinski (Ann Arbor Huron)12	Saline/A Regional	5/19/2006
2:17.17	Carlie Green (Milford)11	Kentwood/D1 State	6/ 3/2006
2:17.46	Natalie Webb (Woodhaven)10	Kentwood/D1 State	6/ 3/2006

Michigan HS Girls - 2006 Outdoors

2:18.35 Liz Watson (Lansing Catholic)
 2:18.74 Kelsey Krych (Goodrich)11
 2:18.89 Samantha Mifsud (Dearborn)12
 2:18.8 Lindsay Gackenhaimer (Monroe)10

Lansing/Honor Roll 5/31/2006
 Comstock Park/D3 State 6/ 3/2006
 Kentwood/D1 State 6/ 3/2006
 Saline/A Regional 5/19/2006

1500 METERS

4:35.29 Marissa Treece (Maple City Glen Lake)11
 4:37.9# Jenny Morgan (Clarkston)12
 4:40.1# Stephanie Morgan (Clarkston)9
 4:40.1# J. Morgan
 4:40.2# S. Morgan
 4:40.2# J. Morgan
 4:41.48# Treece
 4:41.9# Natalie Webb (Woodhaven)10
 4:41.9# Elizabeth Graney (Grosse Pointe North)11
 4:43.7# Annie Otwell (Traverse City Central)12
 4:45.0# Danielle Dakroub (Okemos)11
 4:47.0# Eileen Creutz (Saline)12
 4:48.31 Ramzee Fondren (Detroit Renaissance)10
 4:51.9# Carly Green (Milford)11
 4:53.7# Grace Green (Troy)9
 4:53.9# Lisa Sickman (Clarkston)12

Indianapolis/USA Junior Ch 6/24/2006
 Jackson/Midwest Meet of Champions [1600]6/10/2006
 South Lyon/Oakland County [1600] 5/26/2006
 South Lyon/Oakland County [1600] 5/26/2006
 Kentwood/D1 State [1600] 6/ 3/2006
 Kentwood/D1 State [1600] 6/ 3/2006
 Greensboro/Nike Outdoor Ch [mile] 6/17/2006
 Kentwood/D1 State [1600] 6/ 3/2006
 Kentwood/D1 State [1600] 6/ 3/2006
 Kentwood/D1 State [1600] 6/ 3/2006
 Kentwood/D1 State [1600] 6/ 3/2006
 Saline/A Regional [1600] 5/19/2006
 Norfolk/AAU Junior Olympics 8/ 3/2006
 South Lyon/Oakland County [1600] 5/26/2006
 South Lyon/Oakland County [1600] 5/26/2006
 South Lyon/Oakland County [1600] 5/26/2006

1600 METERS

4:55.57 Alexa Glencer (Ann Arbor Greenhills)12
 4:55.94 Marissa Treece (Maple City Glen Lake)11
 4:56.15 Stephanie Morgan (Clarkston)9
 4:56.48 Jenny Morgan (Clarkston)12
 4:56.86 S. Morgan
 4:57.10 Bekah Smeltzer (Monroe Jefferson)11
 4:57.99+ Treece
 4:58.23 Ramzee Fondren (Detroit Renaissance)10
 4:58.4 Glencer
 4:58.53 J. Morgan
 4:58.58 Glencer
 4:58.8 S. Morgan
 4:59.1 J. Morgan
 4:59.68 Brook Eilers (Holland Christian)10
 4:59.94 Natalie Webb (Woodhaven)10
 5:00.81 Elizabeth Graney (Grosse Pointe North)11
 5:01.06 Annie Otwell (Traverse City Central)12
 5:03.05 Danielle Dakroub (Okemos)11
 5:04.89 Jessica Armstrong (Wayland)11
 5:04.8 Eileen Creutz (Saline)12
 5:05.12 Aubree Danielson (Whitehall)9
 5:05.20 Rachel Wittum (Rockford)11
 5:05.40 Rebecca Winchester (Middleville)11
 5:07.2 Andy Owens (Rockford)12
 5:07.45 Lori Burgess (Grand Rapids South Christian)12
 5:08.68 Kylan Cieslak (Livonia Churchill)12
 5:08.78 Thereseann Zimmerman (Gaylord)12
 5:09.4 Kristen Frey (Livonia Stevenson)11
 5:09.89 Lisa Sickman (Clarkston)12
 5:09.8 Carly Green (Milford)11

Forest Hills/D4 State 6/ 3/2006
 Forest Hills/D4 State 6/ 3/2006
 Dayton/Roosevelt Inv 5/ 6/2006
 Kentwood/D1 State 6/ 3/2006
 Kentwood/D1 State 6/ 3/2006
 Forest Hills/D2 State 6/ 3/2006
 Greensboro/Nike Outdoor Ch (4:59.72) 6/17/2006
 Forest Hills/D2 State 6/ 3/2006
 Ann Arbor/River Rat 5/13/2006
 Jackson/Midwest Meet of Champions 6/10/2006
 Dayton/Roosevelt Inv 5/ 6/2006
 South Lyon/Oakland County 5/26/2006
 South Lyon/Oakland County 5/26/2006
 Forest Hills/D2 State 6/ 3/2006
 Kentwood/D1 State 6/ 3/2006
 Kentwood/D1 State 6/ 3/2006
 Kentwood/D1 State 6/ 3/2006
 Forest Hills/D2 State 6/ 3/2006
 Saline/A Regional 5/19/2006
 Forest Hills/D2 State 6/ 3/2006
 Kentwood/D1 State 6/ 3/2006
 Forest Hills/D2 State 6/ 3/2006
 Muskegon/D1 Regional 5/19/2006
 Forest Hills/D2 State 6/ 3/2006
 Kentwood/D1 State 6/ 3/2006
 Forest Hills/D2 State 6/ 3/2006
 Canton/D1 Regional 5/19/2006
 Jackson/Midwest Meet of Champions 6/10/2006
 South Lyon/Oakland County 5/26/2006

2000 STEEPLECHASE

7:26.46 Lyndsay Smith (Clarkston)12
 7:50.51 Smith
 8:06.97 Beth Hoekstra (Clarkston)12
 8:08.45 Lexie Mathis (Saline)11
 8:40.15 Laurie Metzger (Ann Arbor Pioneer)11

Dayton/Roosevelt Memorial 5/ 5/2006
 Greensboro/Nike Outdoor Ch 6/17/2006
 Greensboro/Nike Outdoor Ch 6/17/2006
 Dayton/Roosevelt Memorial 5/ 5/2006
 Dayton/Roosevelt Memorial 5/ 5/2006

Michigan HS Girls - 2006 Outdoors

3000 METERS

10:05.6#	Jenny Morgan (Clarkston)12	Kentwood/D1 State [3200]	6/ 3/2006
10:06.4#	Eileen Creutz (Saline)12	Jackson/Midwest Meet of Champions [3200]	6/10/2006
10:07.2#	Creutz	Kentwood/D1 State [3200]	6/ 3/2006
10:08.2#	Kellee Lemcke (Sterling Heights Stevenson)12	Kentwood/D1 State [3200]	6/ 3/2006
10:17.3#	Kristina Olsen (Jackson)12	Kentwood/D1 State [3200]	6/ 3/2006
10:21.9#	Rachael Wittum (Rockford)11	Kentwood/D1 State [3200]	6/ 3/2006
10:23.5#	Rachel Patterson (Rochester Adams)11	Kentwood/D1 State [3200]	6/ 3/2006
10:24.1#	Kristina Olsen (Jackson)12	Jackson/Midwest Meet of Champions [3200]	6/10/2006
10:24.2#	J. Morgan	South Lyon/Oakland County [3200]	5/26/2006
10:24.4#	Grace Green (Troy)9	Kentwood/D1 State [3200]	6/ 3/2006
10:27.0#	Rachel Severin (Chelsea)12	Jackson/Midwest Meet of Champions [3200]	6/10/2006

3200 METERS

10:38.51	Jenny Morgan (Clarkston)12	Kentwood/D1 State	6/ 3/2006
10:42.86	Bekah Smeltzer (Monroe Jefferson)11	Forest Hills/D2 State	6/ 3/2006
10:43.50	Eileen Creutz (Saline)12	Jackson/Midwest Meet of Champions	6/10/2006
10:44.07	Creutz	Kentwood/D1 State	6/ 3/2006
10:45.67	Meggan Freeland (Parma Western)9	Forest Hills/D2 State	6/ 3/2006
10:46.65+	Alexa Glencer (Ann Arbor Greenhills)12	Greensboro/Nike Outdoor (10:50.42)	6/16/2006
10:47.66	Kellee Lemcke (Sterling Heights Stevenson)12	Kentwood/D1 State	6/ 3/2006
10:48.93	Glencer	Dayton/Roosevelt Memorial	5/ 5/2006
10:49.54	Brook Eilers (Holland Christian)10	Forest Hills/D2 State	6/ 3/2006
10:54.48	Thereseann Zimmerman (Gaylord)12	Forest Hills/D2 State	6/ 3/2006
10:56.29+	Zimmerman	Greensboro/Nike Outdoor (11:00.11)	6/16/2006
10:56.48	Glencer	Forest Hills/D4 State	6/ 3/2006
10:56.72	Marissa Treece (Maple City Glen Lake)11	Forest Hills/D4 State	6/ 3/2006
10:57.06	Kristina Olsen (Jackson)12	Kentwood/D1 State	6/ 3/2006
10:58.26	Creutz	Dayton/Roosevelt Memorial	5/ 5/2006
10:59.3	J. Morgan	Holly/D1 Regional	5/19/2006
10:59.4	J. Morgan	South Lyon/Oakland County	5/26/2006
10:59.81	Jessica Armstrong (Wayland)11	Forest Hills/D2 State	6/ 3/2006
11:00.42	Rachael Wittum (Rockford)11	Kentwood/D1 State	6/ 3/2006
11:00.90	Rachel Patterson (Rochester Adams)11	Kentwood/D1 State	6/ 3/2006
11:02.53	Erin LaFave (Bloomfield Hills Lahser)10	Forest Hills/D2 State	6/ 3/2006
11:02.65	Aubree Danielson (Whitehall)9	Forest Hills/D2 State	6/ 3/2006
11:03.30	Grace Green (Troy)9	Kentwood/D1 State	6/ 3/2006
11:03.6	Sara Leiblin (Lake Orion)12	Holly/D1 Regional	5/19/2006
11:05.79	Rachel Severin (Chelsea)12	Jackson/Midwest Meet of Champions	6/10/2006
11:07.60	Leah Borns (Grand Haven)12	Kentwood/D1 State	6/ 3/2006
11:08.9	Megan Carter (Southfield Christian)11	South Lyon/Oakland County	5/26/2006
11:09.52	Jessica Koster (Grand Rapids Christian)12	Forest Hills/D2 State	6/ 3/2006
11:10.99	Adrienne Pastula (Hillsdale)11	Comstock Park/D3 State	6/ 3/2006
11:11.84	Natalie Webb (Woodhaven)10	Dayton/Roosevelt Memorial	5/ 5/2006
11:13.89	Danielle Hicks (Marshall)9	Forest Hills/D2 State	6/ 3/2006
11:14.0	Tiffany Abrahamian (Rochester)	South Lyon/Oakland County	5/26/2006
11:14.82	Andrea Hoffman (Monroe Jefferson)10	Forest Hills/D2 State	6/ 3/2006

100 HURDLES

14.18	Leslie Aririguzo (West Bloomfield)10	Millersburg/USATF Region V	7/ 9/2006
14.20	Raven Clay (Detroit Cody)10	Norfolk/AAU Junior Olympics (0.8)	8/ 3/2006
14.24	Aririguzo	Kentwood/D1 State (1.0)	6/ 3/2006
14.25	Chidimma Uche (Ann Arbor Pioneer)11	Kentwood/D1 State (1.0)	6/ 3/2006
14.39	Aririguzo	Greensboro/USATF Youth Ch (h) (-1.9)	7/ 1/2006
14.43	Landria Buckley (Romulus)12	Kentwood/D1 State (s) (1.8)	6/ 3/2006
14.45	Candice Wheat (Pontiac Northern)12	Kentwood/D1 State (1.0)	6/ 3/2006
14.47	Ra'Jae Marable (Ann Arbor Pioneer)11	Kentwood/D1 State (1.0)	6/ 3/2006
14.53	Buckley	Kentwood/D1 State (h) (2.0)	6/ 3/2006
14.55	Marable	Millersburg/USATF Region V	7/ 9/2006
14.56	Emily Cross (Armada)12	Comstock Park/D3 State	6/ 3/2006

Michigan HS Girls - 2006 Outdoors

14.57	Aririguzo	Greensboro/USATF Youth Ch (0.9)	7/ 2/2006
14.57	Aririguzo	Millersburg/USATF Region V (h).....	7/ 9/2006
14.58	Aririguzo	Southfield/Michigan AAU	6/18/2006
14.59	Alexandria Lemonious (Detroit Communication MA)12	Baltimore/USATF Junior Olympics (h) (1.1) .	7/29/2006
14.77	Katie Hunt (Tecumseh)12	Forest Hills/D2 State	6/ 3/2006
14.80	Stephanie McCarthy (Kenowa Hills)12	Forest Hills/D2 State	6/ 3/2006
14.88	Lesly Hale (Detroit Renaissance)12	Southfield/Michigan AAU	6/18/2006
14.89	Taleece Jackson (Redford Thurston)11	Forest Hills/D2 State	6/ 3/2006
14.90	Aurielle McCauley (Romulus)11	Kentwood/D1 State (s) (1.8).....	6/ 3/2006
15.09	Najiba Gaines-Hanna (North Farmington)11	Kentwood/D1 State (1.0).....	6/ 3/2006
15.15	Faith Lucas (Detroit Renaissance)11	Merrillville/AAU Regional.....	7/ 9/2006
15.19	Paige Madison (Ann Arbor Pioneer)10	Kentwood/D1 State (1.0).....	6/ 3/2006
15.27	Stephanie Foster (Ann Arbor Pioneer)12	Kentwood/D1 State (h) (2.0)	6/ 3/2006
15.28	Alexis Brown (Otisville-Lakeville)12	Comstock Park/D3 State.....	6/ 3/2006
15.36	Crystal Stanley (Lansing Sexton)12	Forest Hills/D2 State	6/ 3/2006
15.39	Kelcie Daniels (Forest Hills Northern)10	Forest Hills/D2 State	6/ 3/2006
Wind-aided:			
14.14	Ra'Jae Marable (Ann Arbor Pioneer)11	Kentwood/D1 State (s) (3.5).....	6/ 3/2006
14.19	Leslie Aririguzo (West Bloomfield)10	Kentwood/D1 State (s) (3.5).....	6/ 3/2006
14.37	Marable	Kentwood/D1 State (h) (2.2)	6/ 3/2006
14.39	Alexandria Lemonious (Detroit Communication MA)12	Dayton/Roosevelt Inv (6.5).....	5/ 6/2006
14.40	Chidimma Uche (Ann Arbor Pioneer)11	Kentwood/D1 State (s) (3.5).....	6/ 3/2006
14.56	Raven Clay (Detroit Cody)10	Kentwood/D1 State (h) (2.5)	6/ 3/2006
14.94	Paige Madison (Ann Arbor Pioneer)10	Kentwood/D1 State (s) (3.5).....	6/ 3/2006
14.95	Candice Wheat (Pontiac Northern)12	Kentwood/D1 State (h) (2.5)	6/ 3/2006
15.07	Najiba Gaines-Hanna (North Farmington)11	Kentwood/D1 State (s) (3.5).....	6/ 3/2006
15.24	Shelleyse Richardson (West Bloomfield)10	Kentwood/D1 State (s) (3.5).....	6/ 3/2006
15.27	Teresa Braam (Hudsonville)11	Kentwood/D1 State (s) (3.5).....	6/ 3/2006
15.40	Aurielle McCauley (Romulus)11	Southfield/Michigan AAU	6/18/2006
Hand-timed:			
14.0	Landria Buckley (Romulus)12	Saline/A Regional	5/19/2006
14.4	Candice Wheat (Pontiac Northern)12	Milford/D1 Regional	5/20/2006
14.4	Emily Cross (Armada)12	Warren/Macomb County	5/26/2006
14.5	Chidimma Uche (Ann Arbor Pioneer)11	Saline/A Regional	5/19/2006
14.5	Ra'Jae Marable (Ann Arbor Pioneer)11	Saline/A Regional	5/19/2006
14.5	Breanna Peabody (Utica)10	Warren/Macomb County	5/26/2006
14.8	Raven Clay (Detroit Cody)10	Detroit/dual.....	/2006
14.8	Stephanie McCarthy (Kenowa Hills)12	Wyoming/Champions	5/22/2006
14.9	Stephanie Foster (Ann Arbor Pioneer)12	Saline/A Regional	5/19/2006
14.9	Aurielle McCauley (Romulus)11	Saline/A Regional	5/19/2006
14.9	Alexis Brown (Lakeville)	Bad Axe/D3 Regional.....	5/20/2006
15.1	Kyra Caldwell (Ypsilanti)	AA List	/2006
15.2	Brittany Lockhart (Plymouth Salem)	AA List	/2006
15.2	Katie Hunt (Tecumseh)	Linden/D2 Regional	5/20/2006
15.2	Teresa Braam (Holland)	Muskegon/D1 Regional.....	5/19/2006
Wind-aided:			
14.5	Leslie Aririguzo (West Bloomfield)10	South Lyon/Oakland County	5/26/2006
14.8	Stephanie McCarthy (Kenowa Hills)	Comstock Park/D2 Regional.....	5/19/2006
15.0	Casy Winans (Farmington Hills Harrison)	South Lyon/Oakland County	5/26/2006
30" HURDLES			
14.05	Bridgette Owens-Mitchell (Detroit JH)7	Norfolk/AAU Junior Olympics (h) (0.5)	8/ 1/2006
200 HURDLES			
27.06	Bridgette Owens-Mitchell (Detroit JH)7	Norfolk/AAU Junior Olympics (h) (1.6)	7/31/2006
27.19	Owens-Mitchell	Norfolk/AAU Junior Olympics (0.3)	7/31/2006
27.97	Owens-Mitchell	Southfield/Michigan AAU	6/18/2006
300 HURDLES			
43.80	Chidimma Uche (Ann Arbor Pioneer)11	Kentwood/D1 State	6/ 3/2006
43.95	Stephanie McCarthy (Kenowa Hills)12	Forest Hills/D2 State	6/ 3/2006
44.13	S. McCarthy	Jackson/Midwest Meet of Champions.....	6/10/2006

Michigan HS Girls - 2006 Outdoors

44.69	Aurielle McCauley (Romulus)11	Kentwood/D1 State	6/ 3/2006
44.83	Uche	Dayton/Roosevelt Inv	5/ 6/2006
44.85	Breanna Peabody (Utica)10	Kentwood/D1 State	6/ 3/2006
44.96	Candice Wheat (Pontiac Northern)12	Kentwood/D1 State	6/ 3/2006
44.97	Crystal Stanley (Lansing Sexton)12	Kalamazoo/Loy Norrix Inv	4/28/2006
45.16	Ra'Jae Marable (Ann Arbor Pioneer)11	Kentwood/D1 State	6/ 3/2006
45.30	Paige Madison (Ann Arbor Pioneer)10	Dayton/Roosevelt Inv	5/ 6/2006
45.51	Taleece Jackson (Redford Thurston)11	Forest Hills/D2 State	6/ 3/2006
45.67	Alexis Brown (Otisville-Lakeville)12	Comstock Park/D3 State	6/ 3/2006
45.83	Kelcie Daniels (East Kentwood)10	Forest Hills/D2 State	6/ 3/2006
46.21	Najiba Gaines-Hanna (North Farmington)11	Kentwood/D1 State	6/ 3/2006
46.24	Dominique Porter (Merrill)11	Forest Hills/D4 State	6/ 3/2006
46.30	Alexandra Sisson (Novi)11	Kentwood/D1 State	6/ 3/2006
46.33	Brittany Lockhart (Plymouth Salem)12	Kentwood/D1 State	6/ 3/2006
46.34	Erica Lawson (Sanford-Meridian)12	Comstock Park/D3 State	6/ 3/2006
46.35	Raelyn Tagai (Madison Heights Lamphere)12	Forest Hills/D2 State	6/ 3/2006
46.37	Megan Enzor (Grand Blanc)10	Kentwood/D1 State	6/ 3/2006

Hand-timed:

44.7	Candice Wheat (Pontiac Northern)12	South Lyon/Oakland County	5/26/2006
44.7	Stephanie McCarthy (Kenowa Hills)12	Grand Rapids/John Bos Inv	5/24/2006
44.8	Aurielle McCauley (Romulus)11	Saline/A Regional	5/19/2006
44.9	Chidimma Uche (Ann Arbor Pioneer)11	Saline/A Regional	5/19/2006
45.7	Breanna Peabody (Utica)10	Warren/D1 Regional	5/19/2006
46.0	Najiba Gaines-Hanna (Farmington Hills Harrison)11	South Lyon/Oakland County	5/26/2006
46.1	Brittany Lockhart (Plymouth Salem)12	AA List	/2006
46.1	Kelcie Daniels (Forest Hills Northern)	Grand Rapids/John Bos Inv	5/24/2006
46.2	Ra'Jae Marable (Ann Arbor Pioneer)11	Ypsilanti/SEC	5/10/2006
46.2	Jessica Roodvoets (Grand Rapids South Christian)	Grand Rapids/D2 Regional	5/19/2006
46.3	Paige Madison (Ann Arbor Pioneer)10	Saline/A Regional	5/19/2006
46.3	Erica Lawson (Sanford-Meridian)	Hemlock/D3 Regional	5/20/2006
46.3	Crystal Stanley (Lansing Sexton)12	Charlotte/D2 Regional	5/19/2006

400 HURDLES

1:02.55	Chidimma Uche (Ann Arbor Pioneer)11	Greensboro/USA Youth Ch	7/ 2/2006
1:03.32	Uche	Greensboro/USA Youth Ch (h)	6/30/2006
1:04.35	Uche	Canton/Michigan USATF	6/24/2006
1:04.41	Aurielle McCauley (Romulus)11	Southfield/Michigan AAU	6/18/2006
1:04.69	McCauley	Canton/Michigan USATF	6/24/2006
1:04.88	McCauley	Millersburg/USATF Region V	7/ 9/2006
1:05.74	Valerie Watkins (Detroit Urban Lutheran)11	Merrillville/AAU Regional	7/ 9/2006
1:07.10	Brittany Lockhart (Plymouth Salem)12	Southfield/Michigan AAU	6/18/2006
1:08.46	Dominique Brown (Detroit Mumford)10	Baltimore/USATF Junior Olympics (h)	7/28/2006
1:08.67	Amira Franklin (Farmington Hills Harrison)	Canton/Michigan USATF	6/24/2006
1:09.09	Ashley Green (Detroit Mumford)	Millersburg/USATF Region V	7/ 9/2006

HIGH JUMP

5-9	Amber Siegle (Macomb Lutheran North)10	Warren/Macomb County	5/26/2006
5-8	Emily Cross (Armada)12	Warren/Macomb County	5/26/2006
5-7	Leslie Curtis (Caledonia)11	Caledonia/dual	4/27/2006
5-7	Misha Lamphere (Saranac)	GR List	/2006
5-6.5	Ariel Roberts (Ann Arbor Pioneer)9	Ypsilanti/SEC	5/10/2006
5-6	Megan Doyen (Manistee)12	East Jordan/D3 Regional	5/20/2006
5-6	Samantha Quist (Wyoming Park)	Grand Rapids/John Bos Inv	5/24/2006
5-6	Lesley Hale (Detroit Renaissance)12	Forest Hills/D2 State	6/ 3/2006
5-6	Erika Schroll (Three Rivers)12	Jackson/Midwest Meet of Champions	6/10/2006
5-6	Brittany Lockhart (Plymouth Salem)12	Canton/Michigan USATF	6/24/2006
5-5.75	Shelleyse Richardson (West Bloomfield)10	Norfolk/AAU Junior Olympics (hept)	7/30/2006
5-5	Amy Van Ens (Lowell)	Grand Rapids/dual	4/27/2006
5-5	Rachael Kutney (St Clair Shores Lake Shore)11	Algonac/D2 Regional	5/19/2006
5-4	Ashley Nevelle (Caledonia)10	Caledonia/dual	4/27/2006
5-4	Whitney Tremain (East Kentwood)12	Battle Creek/D1 Regional	5/19/2006

Michigan HS Girls - 2006 Outdoors

5-4	Ashley Hunault (Alpena)12	Midland/D1 Regional.....	5/19/2006
5-4	Sara Lark (Alma)12	Gaylord/D2 Regional.....	5/20/2006
5-4	Brittany Petty (Plymouth)11	Canton/D1 Regional.....	5/19/2006
5-4	Miranda DeKuiper (Ludington)	Reeths/West Michigan Inv	5/25/2006
5-4	Jessica Scherting (Saginaw Heritage)10	Saginaw/Saginaw Valley Conf	5/24/2006
5-4	Adrienne McNally (Pinckney)12	Kentwood/D1 State	6/ 3/2006
5-4	Trinka Boatright (Benton Harbor)12	Kentwood/D1 State	6/ 3/2006
5-4	Lindsay McKnight (Sparta)11	Forest Hills/D2 State	6/ 3/2006
5-4	Stephanie Thorstadt (Clarkston)	South Lyon/Oakland County	5/26/2006
5-4	Tanisha Johnson (Macomb Dakota)12	Warren/Macomb County	5/26/2006

POLE VAULT

12-1	Amy Morrison (Fenton)11	Kentwood/D1 State	6/ 3/2006
11-10	Christi Kettelhut (Rockford)12	Kentwood/D1 State	6/ 3/2006
11-10	Kettelhut	Jackson/Midwest Meet of Champions.....	6/10/2006
11-8	Caitlyn Gager (Rockford)12	Muskegon/D1 Regional.....	5/19/2006
11-8	Kettelhut	Grand Rapids/John Bos Inv	5/24/2006
11-7	Shari Harmon (Temperance Bedford)11	Kentwood/D1 State	6/ 3/2006
11-6	Carly Schiffer (Ovid-Elsie)12	Comstock Park/D3 State.....	6/ 3/2006
11-6	Schiffer	Jackson/Midwest Meet of Champions.....	6/10/2006
11-6	Schiffer	Merrillville/AAU Regional.....	7/ 7/2006
11-5	Kettelhut	Jenison/MITCA Team D1.....	5/27/2006
11-5	Gager	Jenison/MITCA Team D1.....	5/27/2006
11-4	Kettelhut	Rockford/dual.....	5/ 9/2006
11-4	Harmon	Saline/A Regional	5/19/2006
11-4	Kettelhut	Wyoming/Champions.....	5/22/2006
11-3	Harmon	Ypsilanti/SEC.....	5/10/2006
11-3	Lisa Krupp (Sparta)12	Forest Hills/D2 State	6/ 3/2006
11-3	Rebecca Pilkerton (Dexter)10	Forest Hills/D2 State	6/ 3/2006
11-3	Brandi Hagan (Forest Hills Northern)11	Forest Hills/D2 State	6/ 3/2006
11-2	Abby Shanahan (East Kentwood)11	Grand Rapids/John Bos Inv	5/24/2006
11-1	Cassandra Chetosky (Utica)11	Warren/D1 Regional	5/19/2006
10-10.25	Natalie Stitt (Holland West Ottawa)12	Holland/dual.....	4/19/2006
10-10	Ashley Bowden (Port Huron)12	Kentwood/D1 State	6/ 3/2006
10-9	Bailey Wandyg (Dexter)12	AA List	/2006
10-9	Tammy Sheahan (Bay City Glenn)11	Gaylord/D2 Regional.....	5/20/2006
10-9	Emily McKerchie (Ludington)10	Gaylord/D2 Regional.....	5/20/2006
10-9	Ann O'Keefe (Dowagiac)12	Forest Hills/D2 State	6/ 3/2006
10-7	Taylor Haggerty (Williamston)12	Kent City/MITCA Team D3.....	5/27/2006
10-6	Lindsey Keyes (Chelsea)	Ypsilanti/SEC.....	5/10/2006
10-6	Michelle Brosius (Saline)12	AA List	/2006
10-6	Kathy Dougherty (Traverse City Central)12	Midland/D1 Regional.....	5/19/2006
10-6	Elizabeth Williford (Gladwin)10	Comstock Park/D3 State.....	6/ 3/2006

LONG JUMP

18-9.25	Brittany Howard (Romulus)12	Saline/A Regional	5/19/2006
18-8.75	Lesley Hale (Detroit Renaissance)12	Norfolk/AAU Junior Olympics [0.6].....	7/31/2006
18-8.5	Howard	Kentwood/D1 State	6/ 3/2006
18-8	Hale	Merrillville/AAU Regional.....	7/ 9/2006
18-6.25	Katie Guikema (GR South Christian)10	Forest Hills/D2 State	6/ 3/2006
18-5.75	Hale	Forest Hills/D2 State	6/ 3/2006
18-5	Howard	Greensboro/Nike Outdoor Ch (1.3).....	6/17/2006
18-4.5	Guikema	Grand Rapids/John Bos Inv	5/24/2006
18-4	Howard	Kalamazoo/Lukens Inv	4/28/2006
18-3	Guikema	Grand Rapids/D2 Regional	5/19/2006
18-2.75	Tanisha Johnson (Macomb Dakota)12	Kentwood/D1 State	6/ 3/2006
18-2	Johnson	Warren/Macomb County	5/26/2006
18-1.75	Hale	Jackson/Midwest Meet of Champions (0.0)	6/10/2006
17-11.25	Shellesey Richardson (West Bloomfield)10	South Lyon/Oakland County	5/26/2006
17-11.25	Sandricka Ware (Bay City Central)12	Kentwood/D1 State	6/ 3/2006
17-9.5	Kay Pavlak (DeWitt)11	Lansing/Honor Roll	5/31/2006

Michigan HS Girls - 2006 Outdoors

17-8.75	Deandra Ventura-Garcia (St Johns)	Lansing/Honor Roll	5/31/2006
17-8	Alexandria Lemonious (Detroit Communication MA)12	Baltimore/USATF Junior Olympics (0.0)	7/27/2006
17-7.5	Janica Buchanan (Muskegon)12	Kentwood/D1 State	6/ 3/2006
17-6.75	Stephanie Okolo (Plymouth)10	Canton/D1 Regional.....	5/19/2006
17-6	Jessi Fabinski (Milford)11	Milford/D1 Regional	5/20/2006
17-5.5	Lindsay Long (Pinckney)12	West Bloomfield/Relays	4/29/2006
17-5.5	Tara Johnson (Flint Hamady)11	Webberville/D4 Regional.....	5/20/2006
17-5.5	Marva Goodson (Bridgeport)11	Forest Hills/D2 State	6/ 3/2006
17-5	Kortni Ellsworth (Goodrich)10	Almont/D4 Regional	5/20/2006

Wind-aided:

18-2.75	Micah Jones (Lansing Eastern)	Lansing/Honor Roll	5/31/2006
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TRIPLE JUMP

33-8	Amber Pearsall (Milford)12	Dayton/Roosevelt Memorial	5/ 5/2006
32-5.5	Kamilah Henry (Ann Arbor Pioneer)12	Dayton/Roosevelt Memorial	5/ 5/2006
31-2	Dynasty McGee (Mt Morris JH)7	Merrillville/AAU Regional.....	7/ 7/2006
29-7.5	Ariel Roberts (Ann Arbor Pioneer)9	Dayton/Roosevelt Memorial	5/ 5/2006
27-5.5	Summer McGee (Mt Morris JH)8	Southfield/Michigan AAU	6/18/2006

SHOT PUT

44-11.25	Lauren Buresh (Morley Stanwood)12	Jackson/Midwest Meet of Champions.....	6/10/2006
44-4.25	Buresh	Comstock Park/D3 State.....	6/ 3/2006
44-3.75	Buresh	Jackson/Midwest Meet of Champions (!)	6/10/2006
44-3	Joy Rolfe (Fraser)10	Warren/Macomb County	5/26/2006
43-6.5	Allison Liske (Zeeland)11	Canton/Michigan USATF	6/24/2006
43-5	Buresh	Jackson/Midwest Meet of Champions (!)	6/10/2006
43-3	Buresh	Jackson/Midwest Meet of Champions (!)	6/10/2006
43-1	Liske	Wyoming/Champions.....	5/22/2006
43-1	Irene Cooper (Bloomfield Hills Lahser)12	South Lyon/Oakland County	5/26/2006
43-1	Rolfe	Kentwood/D1 State	6/ 3/2006
42-9.5	Buresh	Jackson/Midwest Meet of Champions (!)	6/10/2006
42-3.5	Tia Brooks (East Kentwood)10	Jenison/dual.....	4/19/2006
41-10.25	Alexandra Hartley (Lake Orion)12	Jackson/Midwest Meet of Champions.....	6/10/2006
41-9.5	Mary Angell (Byron Center)11	Forest Hills/D2 State	6/ 3/2006
41-9	Jill Walton (Kingsley)12	Comstock Park/D3 State.....	6/ 3/2006
41-8.5	Ashley Lawrence (Troy)12	Kentwood/D1 State	6/ 3/2006
40-6.5	Sarah Bond (Ortonville Brandon)12	Marysville/D2 Regional	5/19/2006
40-5.75	Amary Lehto (Rochester)12	Kentwood/D1 State	6/ 3/2006
40-3	Andrea Doerr (Corunna)12	Linden/D2 Regional	5/20/2006
40-2.25	Jillian Bowman (Grand Rapids Northview)11	Forest Hills/D2 State	6/ 3/2006
40-1	Angela Leckson (Cooks-Big Bay de Noc)	Kingsford/UP3 State	6/ 3/2006
40-0.25	Whitney Johnson (Saginaw Hill)12	Kentwood/D1 State	6/ 3/2006
39-4	Alyssa Panck (New Haven)	New Haven/D4 Regional.....	5/20/2006
39-4	Krystle Beseler (Center Line)11	Forest Hills/D2 State	6/ 3/2006

DISCUS

151-11	Jessica Rutherford (Ogemaw Heights)12	Forest Hills/D2 State	6/ 3/2006
147-1	Mary Angell (Byron Center)11	Forest Hills/D2 State	6/ 3/2006
146-1	Rutherford	West Branch/NEMC.....	5/24/2006
144-11	Angell	Grand Rapids/D2 Regional	5/19/2006
143-9	Sarah Morris (Mt Pleasant)11	Gaylord/D2 Regional.....	5/20/2006
143-2	Angell	Grand Rapids/John Bos Inv	5/24/2006
142-10	Rutherford	Jackson/Midwest Meet of Champions.....	6/10/2006
142-6	Rutherford	Canton/Michigan USATF	6/24/2006
141-8	Allison Liske (Zeeland East)11	Grand Rapids/John Bos Inv	5/24/2006
141-5	Rutherford	Indianapolis/USA Junior Ch	6/23/2006
141-3	Morris	Forest Hills/D2 State	6/ 3/2006
138-9	Rutherford	Gaylord/D2 Regional.....	5/20/2006
138-7	Alexandra Hartley (Lake Orion)12	Lake Orion/OAA.....	5/23/2006
137-1	Sarah Bond (Ortonville Brandon)12	Marysville/D2 Regional	5/19/2006
135-0	Katie Christenson (Lake Ville)12	Brookwood/D3 Regional	5/20/2006

Michigan HS Girls - 2006 Outdoors

131-7	Chelsea Anthony (Ludington)10	Gaylord/D2 Regional.....	5/20/2006
131-2	Jasmine Clifton (Flint Carman-Ainsworth)12	Davison/Big 9.....	5/24/2006
131-0	Ashley Lawrence (Troy)12	Kentwood/D1 State	6/ 3/2006
130-6	Leigha Oberle (Grand Rapids Christian)12	Forest Hills/D2 State	6/ 3/2006

JAVELIN

98-11	Valerie Watkins (Detroit Urban Lutheran)11	Norfolk/AAU Junior Olympics.....	8/ 3/2006
94-8	Watkins	Merrillville/AAU Regional.....	7/ 9/2006
93-6	Watkins	Norfolk/AAU Junior Olympics (hept)	7/30/2006
88-5	Christa Cwiek (Mt Pleasant)10	Canton/Michigan USATF	6/24/2006
84-11	Watkins	Merrillville/AAU Regional (hept)	7/ 6/2006
80-2	Joy Rolfe (Fraser)10	Southfield/Michigan AAU	6/18/2006
73-0	Amy Thorne (CAF Athletics)8	Southfield/Michigan AAU	6/18/2006
70-6	Shelleyse Richardson (West Bloomfield)10	Merrillville/AAU Regional (hept)	7/ 6/2006

HEPTATHLON

4468	Shelleyse Richardson (West Bloomfield)10	Norfolk/AAU Junior Olympics.....	7/30/2006
	(15.14w [2.4], 5-5.75, 27-5.25, 26.43 [0.9], 17-4.75, 74-0, 2:32.29)		
4104	Richardson	Merrillville/AAU Regional.....	7/ 6/2006
	(15.63, 5-1, 30-2.25, 27.13, 17-4.25, 70-6, 2:43.76)		
3546	Valerie Watkins (Detroit Urban Lutheran)11	Merrillville/AAU Regional.....	7/ 6/2006
	(17.90, 4-6, 27-3.25, 27.01, 15-7, 84-11, 2:42.42)		
3337	Watkins	Norfolk/AAU Junior Olympics.....	7/30/2006
	(16.47 [1.2], 4-9, 28-1.5, 27.40 [0.9], nm, 93-6, 2:41.99)		
3141	Carly Schiffer (Ovid-Elsie)12	Merrillville/AAU Regional.....	7/ 6/2006
	(17.67, 4-6, 27-11, 28.22, 14-1.75, 54-0, 2:47.79)		
3026	Schiffer	Norfolk/AAU Junior Olympics.....	7/30/2006
	(18.48 [1.5], 4-3.25, 28-1.75, 28.50 [0.8], 14-8.75, 59-4, 2:49.60)		

4 x 100 RELAY

48.06	Ann Arbor Pioneer	Greensboro/USATF Youth Ch (h).....	7/ 1/2006
48.16	Detroit Mumford	Dayton/Roosevelt Memorial	5/ 5/2006
48.26	Ann Arbor Pioneer	Greensboro/USATF Youth Ch	7/ 2/2006
48.36	Ann Arbor Pioneer	Kentwood/D1 State	6/ 3/2006
48.53	Ann Arbor Pioneer	Kalamazoo/Loy Norrix Inv	4/28/2006
48.54	Ann Arbor Pioneer	Dayton/Roosevelt Memorial	5/ 5/2006
48.97	Pontiac Northern	Kentwood/D1 State	6/ 3/2006
49.02	Jackson	Kentwood/D1 State	6/ 3/2006
49.06	Ann Arbor Pioneer	Detroit/Mumford Mustang Inv.....	4/22/2006
49.27	Rockford	Kentwood/D1 State	6/ 3/2006
49.52	Utica	Kentwood/D1 State	6/ 3/2006
49.68	Saline	Kentwood/D1 State	6/ 3/2006
49.93	Grand Haven	Kentwood/D1 State	6/ 3/2006
50.04	Southfield Lathrup	Kentwood/D1 State	6/ 3/2006
50.06	Kent City	Comstock Park/D3 State.....	6/ 3/2006
50.07	Ypsilanti Lincoln	Kentwood/D1 State	6/ 3/2006
50.10	Albion Comstock Park/D3 State	6/ 3/2006	
50.12	Tecumseh	Forest Hills/D2 State	6/ 3/2006
50.14	Byron Center	Forest Hills/D2 State	6/ 3/2006
50.22	Detroit Renaissance	Forest Hills/D2 State	6/ 3/2006
50.29	Plymouth	Kentwood/D1 State	6/ 3/2006
50.30	East Kentwood	Jenison/MITCA Team D1.....	5/27/2006
50.33	Ypsilanti Willow Run	Forest Hills/D2 State	6/ 3/2006
50.33	Detroit Crockett	Comstock Park/D3 State.....	6/ 3/2006
50.36	Farmington Hills Harrison	Forest Hills/D2 State	6/ 3/2006
50.42	Okemos	Kentwood/D1 State	6/ 3/2006
50.52	Flint Southwestern	Forest Hills/D2 State	6/ 3/2006
50.53	Battle Creek Central	Kentwood/D1 State	6/ 3/2006
50.53	Battle Creek Lakeview	Forest Hills/D2 State	6/ 3/2006
50.58	Lansing Waverly	Forest Hills/D2 State	6/ 3/2006
50.59	Flint Carman-Ainsworth	Kentwood/D1 State	6/ 3/2006

Michigan HS Girls - 2006 Outdoors

50.74	Saginaw	Forest Hills/D2 State	6/ 3/2006
50.77	Bad Axe	Comstock Park/D3 State	6/ 3/2006
50.84	Detroit Cass Tech	Kentwood/D1 State	6/ 3/2006
51.00	Grosse Pointe North	Kentwood/D1 State	6/ 3/2006

Hand-timed:

48.8	Ann Arbor Pioneer	Saline/A Regional	5/19/2006
48.8	Pontiac Northern	South Lyon/Oakland County	5/26/2006
49.0	Detroit Mumford	Warren/D1 Regional	5/19/2006
49.4	Ann Arbor Pioneer	Ypsilanti/SEC	5/10/2006
49.5	Romulus	Ypsilanti/April Showers Relays	4/22/2006
49.5	Jackson	Battle Creek/D1 Regional	5/19/2006
49.5	Detroit Mumford	Novi/Operation Friendship	5/30/2006
49.6	Rockford	Rockford/dual	5/ 9/2006
49.9	Ypsilanti	Ypsilanti/April Showers Relays	4/22/2006
50.0	Ypsilanti Lincoln	Saline/A Regional	5/19/2006
50.0	Milford South Lyon/Oakland County	5/26/2006	
50.2	Byron Center	GR List	/2006
50.2	East Kentwood	Grand Rapids/John Bos Inv	5/24/2006
50.2	Farmington Hills Harrison	South Lyon/Oakland County	5/26/2006

4 x 200 RELAY

1:39.7	Romulus	Saline/A Regional	5/19/2006
1:40.40	Detroit Mumford	Kentwood/D1 State	6/ 3/2006
1:40.48	Ann Arbor Pioneer	Kentwood/D1 State	6/ 3/2006
1:40.7	Ann Arbor Pioneer	Saline/A Regional	5/19/2006
1:40.97	Jackson	Kentwood/D1 State	6/ 3/2006
1:41.20	Romulus	Kentwood/D1 State	6/ 3/2006
1:41.83	Romulus	Kalamazoo/Loy Norrix Inv	4/28/2006
1:41.94	Detroit Mumford	Dayton/Roosevelt Memorial	5/ 5/2006
1:41.98	Pontiac Northern	Kentwood/D1 State	6/ 3/2006
1:42.13	Ann Arbor Pioneer	Detroit/Mumford Mustang Inv	4/22/2006
1:42.4	Detroit Mumford	Warren/D1 Regional	5/19/2006
1:42.6	Detroit Mumford	Novi/Operation Friendship	5/30/2006
1:43.66	Southfield Lathrup	Kentwood/D1 State	6/ 3/2006
1:43.93	Ypsilanti Lincoln	Kentwood/D1 State	6/ 3/2006
1:44.04	Rockford	Kentwood/D1 State	6/ 3/2006
1:44.06	East Kentwood	Kentwood/D1 State	6/ 3/2006
1:44.07	Forest Hills Northern	Forest Hills/D2 State	6/ 3/2006

4 x 400 RELAY

3:49.15	Ann Arbor Pioneer	Greensboro/USA Youth Ch (h)	6/29/2006
3:52.67	Ann Arbor Pioneer	Greensboro/USA Youth Ch	7/ 2/2006
3:55.7	Ann Arbor Pioneer	Saline/A Regional	5/19/2006
3:56.67	Milford Kentwood/D1 State	6/ 3/2006	
3:57.15	Ann Arbor Pioneer	Kalamazoo/Loy Norrix Inv	4/28/2006
3:57.95	Ann Arbor Pioneer	Kentwood/D1 State	6/ 3/2006
3:58.0	Milford	South Lyon/Oakland County	5/26/2006
3:59.2	Southfield	South Lyon/Oakland County	5/26/2006
3:59.45	Detroit Mumford	Dayton/Roosevelt Memorial	5/ 5/2006
3:59.69	Ann Arbor Pioneer	Detroit/Mumford Mustang Inv	4/22/2006
4:01.05	Romulus	Kentwood/D1 State	6/ 3/2006
4:02.02	Jackson	Kentwood/D1 State	6/ 3/2006
4:02.4	Middleville	Wyoming/Champions	5/22/2006
4:02.89	Albion Comstock Park/D3 State	6/ 3/2006	
4:02.93	East Kentwood	Kentwood/D1 State	6/ 3/2006
4:03.45	Flint Central	Kentwood/D1 State	6/ 3/2006
4:03.5	Detroit Renaissance	Detroit/PSL	5/25/2006
4:03.82	Portage Central	Kentwood/D1 State	6/ 3/2006
4:04.4	Kenowa Hills	Grand Rapids/John Bos Inv	5/24/2006
4:04.86	Hudsonville	Kentwood/D1 State	6/ 3/2006
4:04.88	Haslett Forest Hills/D2 State	6/ 3/2006	

Michigan HS Girls - 2006 Outdoors

4:05.0 Albion Bath Relays

4/28/2006

4 x 800 RELAY

9:04.91	Saline	Greensboro/Nike Outdoor	6/16/2006
9:13.42	Clarkston	Kentwood/D1 State	6/ 3/2006
9:14.29	Saline	Kentwood/D1 State	6/ 3/2006
9:22.6	Saline	Saline/A Regional	5/19/2006
9:23.9	Saline	Ypsilanti/SEC	5/10/2006
9:25.0	Ann Arbor Pioneer	Dayton/Roosevelt Memorial	5/ 5/2006
9:26.3	Ann Arbor Pioneer	Ypsilanti/SEC	5/10/2006
9:26.55	Ann Arbor Pioneer	Kentwood/D1 State	6/ 3/2006
9:26.70	Livonia Stevenson	Kentwood/D1 State	6/ 3/2006
9:30.95	East Grand Rapids	Forest Hills/D2 State	6/ 3/2006
9:31.27	Jackson Lumen Christi	Comstock Park/D3 State	6/ 3/2006
9:31.33	Rockford	Kentwood/D1 State	6/ 3/2006
9:34.10	East Kentwood	Kentwood/D1 State	6/ 3/2006
9:35.0	Detroit Mumford	Warren/D1 Regional	5/19/2006
9:35.0	Traverse City St Francis	Traverse City/Record-Eagle	5/31/2006
9:36.24	Jackson	Kentwood/D1 State	6/ 3/2006
9:37.5	Grand Rapids South Christian	Grand Rapids/D2 Regional	5/19/2006
9:39.2	Brighton	Milford/D1 Regional	5/20/2006
9:39.34	Portage Central	Kentwood/D1 State	6/ 3/2006
9:39.8	Milford	Milford/D1 Regional	5/19/2006

4 x 1600 RELAY

20:39.26+	Clarkston	Greensboro/Nike Outdoor Ch (20:46.69)	6/17/2006
22:18.15	Ann Arbor Pioneer	Dayton/Roosevelt Memorial	5/ 5/2006
22:18.2	Rockford	Wyoming/Grimm Relays	4/29/2006
22:41.0	Chelsea	Corunna Relays	4/21/2006
22:47.6	Wayland	Godwin Heights/Wolverine Relays	4/29/2006
22:49.3	Grand Haven	Hastings Relays	4/15/2006
22:58.51	Rockford	Dayton/Roosevelt Memorial	5/ 5/2006
23:08.0	Hillsdale	Bath Relays	4/28/2006
23:10.0	Lapeer East	Flint/Cavalier Classic	5/ 6/2006
23:15.36	Milford Dayton/Roosevelt Memorial	5/ 5/2006	
23:29.3	Grand Ledge	Hastings Relays	4/15/2006
23:32.32	Clarkston	Dayton/Roosevelt Memorial	5/ 5/2006

800 MEDLEY

1:51.4	Ypsilanti Lincoln	Tecumseh Relays	5/ 6/2006
1:51.59	Ann Arbor Pioneer	Dayton/Roosevelt Memorial	5/ 5/2006
1:51.6	Ypsilanti Lincoln	Ypsilanti/Railsplitter Relays	4/29/2006
1:54.5	Ypsilanti	Ypsilanti/April Showers Relays	4/22/2006
1:54.96	Detroit Cass Tech	Dayton/Roosevelt Memorial	5/ 5/2006
1:54.9	Grand Haven	Hastings Relays	4/15/2006
1:55.5	Battle Creek Lakeview	Hastings Relays	4/15/2006
1:56.34	Rockford	Dayton/Roosevelt Memorial	5/ 5/2006
1:57.11	Detroit Cody	Dayton/Roosevelt Memorial	5/ 5/2006
1:57.21	Milford Dayton/Roosevelt Memorial	5/ 5/2006	

1200 MEDLEY

2:59.8	Grand Rapids Christian	Wyoming/Grimm Relays	4/29/2006
3:06.7	Albion	Bath Relays	4/28/2006
3:07.0	Coopersville	Wyoming/Grimm Relays	4/29/2006
3:07.3	Hamilton	Godwin Heights/Wolverine Relays	4/29/2006

1600 MEDLEY

4:11.31	Milford	Greensboro/Nike Outdoor	6/16/2006
4:14.16	Milford	Dayton/Roosevelt Memorial	5/ 5/2006
4:18.3	Chelsea	Corunna Relays	4/21/2006
4:18.6	Romulus	Ypsilanti/April Showers Relays	4/22/2006

Michigan HS Girls - 2006 Outdoors

4:20.15 Ann Arbor Pioneer
 4:22.48 Flint Central
 4:24.60 Rockford
 4:29.30 Southfield

Dayton/Roosevelt Memorial 5/ 5/2006
 Dayton/Roosevelt Memorial 5/ 5/2006
 Dayton/Roosevelt Memorial 5/ 5/2006
 Dayton/Roosevelt Memorial 5/ 5/2006

2000 MEDLEY

5:46.7 Rockford
 6:06.4 Grand Rapids South Christian

Wyoming/Grimm Relays 4/29/2006
 Wyoming/Grimm Relays 4/29/2006

2400 MEDLEY

7:04.9 Rockford
 7:07.0 Albion
 7:15.9 Brighton
 7:16.3 Grand Blanc
 7:18.8 Tecumseh
 7:23.4 Flushing

Grand Rapids/Public School Inv 4/15/2006
 Bath Relays..... 4/28/2006
 Tecumseh Relays 5/ 6/2006
 Flint/Cavalier Classic 5/ 6/2006
 Tecumseh Relays 5/ 6/2006
 Midland/Swayze Relays 4/28/2006

3000m MEDLEY

9:46.12 Flint Central

Mansfield/Mansfield Relays 4/14/2006

DISTANCE MEDLEY

11:41.67 Clarkston
 12:00.78 Saline
 12:28.49 Saline
 12:33.08 Rockford
 12:36.58 Milford
 12:39.1 Grand Rapids West Catholic
 12:45.4 Rockford
 12:49.50 Milford
 12:53.5 Brighton
 13:02.51 Detroit Mumford
 13:04.8 Southfield Christian
 13:14.3 Grand Haven
 13:19.2 Spring Lake
 13:29.0 Chelsea
 13:35.1 Grand Ledge

Greensboro/Nike Outdoor Ch 6/17/2006
 Greensboro/Nike Outdoor Ch 6/17/2006
 Dayton/Roosevelt Memorial 5/ 5/2006
 Dayton/Roosevelt Memorial 5/ 5/2006
 Greensboro/Nike Outdoor Ch 6/17/2006
 Wyoming/Grimm Relays 4/29/2006
 Wyoming/Grimm Relays 4/29/2006
 Dayton/Roosevelt Memorial 5/ 5/2006
 Tecumseh Relays 5/ 6/2006
 Dayton/Roosevelt Memorial 5/ 5/2006
 Ann Arbor/Greenhills Relays 4/29/2006
 Hastings Relays 4/15/2006
 Godwin Heights/Wolverine Relays 4/29/2006
 Hastings Relays 4/15/2006
 Hastings Relays 4/15/2006